

#### ABSTRACT OF THE DISCLOSURE

A feminine hygiene pad that is worn in the crotch portion of an undergarment. A central body fluid absorbent core has a body facing side and an undergarment facing side. A fluid permeable topsheet is overlaid on the body facing side of the central body fluid absorbent core and has a dark color, which may be black, brown, or red. A fluid impermeable backsheet is overlaid on the undergarment facing side of the central body fluid absorbent core and placed in register with the fluid permeable topsheet.